

From Janet's Kitchen

Lasagna Soup

2 Tbls Olive Oil 1# ground beef ½ lg. onion-diced
4 cloves garlic-chop 3 oz. tomato paste 15 oz. tomato sauce
15 oz. diced tomatoes 4 cups chicken broth 1 Tbls Italian Season
1 tsp Sea Salt pepper to taste 8 oz. Bowtie pasta

Toppings: Ricotta Cheese Mozzarella Parmesan

Stove top instructions: Heat a 3.5-quart soup pot over medium-high heat; add olive oil, ground beef, onions, garlic and sauté. Stir in the remaining ingredients, not the cheeses. Bring the soup to a boil. Turn heat to medium-low for 30 minutes. Add dry Pasta Noodles and simmer until pasta is tender about 15 minutes.

Instant pot instructions: turn pot to sauté, add oil-wait till display reads HOT. add onions, garlic, ground beef and stir. Press cancel and add the rest of ingredients, not cheese. Secure lid, turn the pressure release valve to Seal. Select pressure cook-High for 1 minute. Let pot sit for 10 minutes.

>Serve with garlic French bread and a salad

Italian Cream Cake

2 cups flour (unsifted) ½ cup butter 1 teaspoon baking soda
½ cup shortening 1-cup buttermilk 2 cups sugar
1-teaspoon vanilla 5 egg yolks 1-1/3 cup coconut
5 stiff egg whites 1-cup pecans (chopped)

In a bowl using a mixer add butter, shortening and sugar, mix well. Add the egg yolks. Add alternately flour and baking soda, and buttermilk. Next add vanilla, coconut and pecans. By hand fold in the stiff egg whites. **To stiffen egg whites:** start with a cold bowl and cold beaters. Beat egg whites until the whites form a peak when you pull out the beaters. **Folding:** slowly turn the whites into the cake batter by turning the spatula from center to side of bowl. Pour into 3-9" round cake pans. Bake in 350-degree oven for about 25 minutes or until knife inserted into the center comes out clean.

Cream cheese frosting

1-8 oz. cream cheese package 1 stick margarine
1 box of powdered sugar 1-teaspoon vanilla

With a mixer cream margarine and cream cheese, add slowly the powdered sugar and then add vanilla. Beat until smooth.

Tbls=tablespoon Tsp=teaspoon

WORD OF THE MONTH –TIRED

Tired: drained of strength and energy, fatigued often to the point of exhaustion

Isaiah 40:31 But those who wait on the LORD shall renew *their* strength; They shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Are you tired and feeling worn out?

Read God's word daily and find your strength in Him.

Fun Facts About November

Nov. 1—All Saint's Day

Nov. 2—Election Day

Nov. 3—Sadie Hawkins Day

Nov. 7 at 2:00 a.m - End of Daylight Savings Time

Nov. 11—Veteran's Day

Nov. 25—Thanksgiving Day

Nov. 28—First Sunday of Advent

November Flower—Chrysanthemum



Birthstone— Topaz

OLD AND USELESS! - NO WAY!

In our Women's Bible study, we are learning about some of the women in the Bible. How they loved, trusted and honored the Lord. As I was pondering on what to write for this newsletter, I began to think of my life and what I am doing **NOW**. What is my role now in my more mature years. I fulfilled my life as a child, as a teenager and continue to fulfill my life as a daughter, a sister, a wife, a mother, an aunt, a grandma, a friend, etc. I excelled and failed in all of these areas. I am continually learning all that the Lord has for me and wants of me. My body is wearing out and I find it difficult to do the things my youthful body allowed me. Is the Lord finished using me and telling me it is time to rest? **Absolutely not!!**

On Tuesday night Bible study, we are in **John 17:14-18** Jesus is praying to His Father for His disciples *I have given them Your word; and the world has hated them because they are not of the world, just as I am not of the world.* ¹⁵ *I do not pray that You should take them out of the world, but that You should keep them from the evil one.* ¹⁶ *They are not of the world, just as I am not of the world.* ¹⁷ *Sanctify them by Your truth. Your word is truth.* ¹⁸ *As You sent Me into the world, I also have sent them into the world."*

I pondered on the "out of the world" statement and the Lord led me to understand that no matter how old or frail I am or will become, I still am called to continue in His word and to be that godly example that He has called me to be. Until my dying breath I need to be sharing the salvation message and be an encourager to all, that Jesus loves them, He is with them, and they can find joy and strength in any situation He allows them to be in.

Philippians 3:13-15 *"Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead,* ¹⁴ *I press toward the goal for the prize of the upward call of God in Christ Jesus.* ¹⁵ *Therefore let us, as many as are mature, have this mind; and if in anything you think otherwise, God will reveal even this to you."*

God is **not** finished with me! He has much more for me to do, to serve Him and to encourage those who love Him and those who need to surrender to Him.

Keep pressing on to His high calling. Never stop reading, studying, sharing and ministering to others.

In His amazing grace, Janet

Fragrance of Christ

2 Cor. 2:15

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Morning Bible Study--
Every Monday at church (9am)
Tuesday Night Study-- 6:30 pm
All invited, no child care

A Future and a Hope by Jon Courson

Jon Courson shares from God's Word and his own experience of having his wife taken to heaven at age 28, then his 16-year-old daughter suddenly taken 12 years later. John declares he has discovered that our Father is absolutely faithful, our Savior is very real, and the Holy Spirit is incredibly comforting in times of trial. Be personally assured that God has for us a future and a hope. This book is so encouraging, no matter what you may be going through. Jon says, "Our God is so good, gang. I promise you, whatever test comes your way, He has already prepared you and will continue to see you through in order that you may emerge with a testimony that will impact many."

Enjoy the read! Deb

