

## From Janet's Kitchen

. 1<sup>st</sup> week of October is National Chili Week

Enjoy the cooler weather and enjoy the chili.

### Chili

1 large onion, diced	1 red & green pepper, diced
2 pounds lean ground beef or turkey	1-2 teaspoons garlic salt
16 oz. diced stewed tomatoes	1-2 cups water
3-4 beef bouillon cubes	2-3 teaspoons chili powder
2-3 bay leaves	1 teaspoon oregano
1-16 oz. can drained light kidney beans or dry beans*	
1-16 oz. can drained pinto beans or dry beans*	



\*Soak dry beans overnight to soften, rinse

In a fry pan sauté and cook the onion, bell peppers and meat until meat is cooked, season while cooking. Drain off any fat and place in a stock pot. Add the stewed tomatoes, water, bouillon, chili powder, bay leaves and oregano. If using the dry beans add them now, if using canned beans wait till about a half hour before finished cooking. Bring to a boil and simmer for about 2 hours.

### Pumpkin Spice Bars

4 eggs	2 teaspoon cinnamon
2 cups sugar	2 teaspoons baking powder
1-cup oil	1 teaspoons baking soda
1-16oz. can pumpkin	½ teaspoon ginger
2 cups flour	¼ teaspoon cloves
½ cup raisins	½ cup chopped nuts



Set oven temperature at 350 degrees. Beat eggs, sugar, oil, pumpkin with spoon. Stir in flour, baking powder, cinnamon, baking soda, salt, ginger, and cloves. Mix in raisins and nuts. Pour in a jelly roll pan, or cookie sheet with sides. Bake for 25-30 minutes. Frost the bars with cream cheese frosting and sprinkle with nuts. Cut into bars.

### Frosting:

1 box powdered sugar 1-8oz. cream cheese ½-cup margarine 1-teaspoon vanilla  
Beat all ingredients with mixer until smooth.

*Psalm 119:11 Your word I have hidden in my heart, That I might not sin against You.*

# Fragrance of Christ

OakStone Women's Ministry

2 Cor. 2:15

October, 2021 Volume 13 Issue 10

Morning Bible Study--  
Every Monday at Janet's house (9am) Cancelled  
Tuesday Night Study-- 6:30 pm Cancelled  
All invited, no child care

Watch for announcements of when these will begin again.

Save  
the  
Date

### Book Report

The Power of a Praying Wife  
Stormie Omartian



Every woman who desires a closer relationship with her husband will appreciate this refreshing look at the power of prayer in marriage. Along with real-life illustrations, Stormie also includes sample prayers and power tools—verses that inspire and encourage—to help wives rest in the assurance of God's wonderful promises of restoration renewal, and growth in marriage. Pray for his spiritual walk, his emotions, his role as a father, leader, and decision maker, his security in work and finances, his health and physical protection, and his faith and future.

Great practical tools for wives!

Enjoy the read! Debbie



## Early in the Morning

By Debbie Votaw

One morning I arrived early to work. Sitting in my office, I realized how quiet it was there all alone. I could hear the clocks ticking and the air conditioner running. Now I am not a morning person but sometimes I like to get up early, make a cup of coffee and sit in the quiet to listen to the silence. It is so peaceful and calming before starting a long, busy day. In the office before anyone has arrived, it seems like the calm before the storm. In a few short minutes, everyone will start arriving. Doors will fling open, file cabinets will clang open and closed, the copy machine will run over and over. But for this moment, I am alone, it is still and quiet. Even though I prayed and read my Bible already I thought, this is a good time to do it again this morning. Just spend a little extra time with the Lord.

Jesus enjoyed the quiet time as well. In Mark 6:45-46 it says, “Immediately He made His disciples get into the boat and go before Him to the other side, to Bethsaida, while He sent the multitude away. And when He had sent them away, He departed to the mountain to pray.” And Mark 5:16 says, “So He Himself often withdrew into the wilderness and prayed.” If Jesus had the need to get away from it all and spend time in prayer, shouldn’t we do the same?

I encourage you to take some time each day to do your devotions and have prayer time. But then take at least one day per week to withdraw to a quiet place, to a place of solitude and really spend some time with your Heavenly Father. He wants to have those intimate times with us rather than those rushed moments of quick devotions before heading off to somewhere else or the interruptions and busyness begin for the day. When was the last time you did that?

In Mark 6:12 it says, “Now it came to pass in those days that He went out to the mountain to pray, and continued all night in prayer to God.”

Make the time to spend with God. There is so much craziness in this world right now and there are lots of things to pray for. And I am sure you have much to pray for in your own world; family, friends, situations, finances, illnesses, relationships.

**PRAY= Praise, Repent, Ask, Yield**



## God's Promise

*“I will bless the Lord at all times; His praise shall continually be in my mouth.”*

*Psalm 34:1*

## Hymn or Worship Song of the Month

May Jesus Christ Be Praised

A German Hymn translated by Edward Caswall, music composed by Joseph Barnby

Nothing is known of the original writer of this text other than the fact that he was a German. The hymn first appeared in a German hymnal in 1828. Other writers also attempted English translations of this text, but Caswall’s work in 1853 became the most widely used both in England and in the United States. Throughout his life Caswall kept adding new verses to this work until eventually this hymn included twenty-eight stanzas. The tune, entitled “Laudes Domini” (Praises of the Lord) was composed for this text in 1868 by one of England’s noted composers of that era, Joseph Barnby.

Vs. 1 When morning gilds the skies, my heart awaking cries; May Jesus Christ be praised! Alike at work and prayer to Jesus I repair; May Jesus Christ be praised!

Vs.2 Does sadness fill my mind? A solace here I find, May Jesus Christ be praised! Or fades my earthly bliss? My comfort still is this; May Jesus Christ be praised!

Vs. 3 In heaven’s eternal bliss the loveliest strain is this, May Jesus Christ be praised! The powers of darkness fear when this sweet chant they hear; May Jesus Christ be praised!

Vs. 4 Be this, while life is mine, my canticle divine; May Jesus Christ be praised! Be this the eternal song thru all the ages long; May Jesus Christ be praised!

